



Child Nutrition Programs **MEAL PATTERNS AND NUTRITION STANDARDS**

Click [links](#) below for Information and Guidance

National School Lunch Program (NSLP) and School Breakfast Program (SBP)

[School Meal Patterns with Flexibilities for SY 2018/2019](#)

(<https://fgi.risevt.org/wp-content/uploads/2018/09/Breakfast-Lunch-requirements.pdf>)

[Q & As on Final Rule "Nutrition Standards in the National School Lunch and School Breakfast Programs"](#)

(<https://www.fns.usda.gov/qas-final-rule-nutrition-standards-national-school-lunch-and-school-breakfast-programs>)

[Dietary Guidelines for Americans 2015-2020 \(8th edition\)](#)

(<https://health.gov/dietaryguidelines/2015/guidelines/>)

[School Meals - Tools for Schools](#)

(<https://www.fns.usda.gov/school-meals/tools-schools>)

[USDA Foods Available List for School Year 2019 for Schools and Institutions](#)

(<https://fns-prod.azureedge.net/sites/default/files/fdd/schools-institutions-foods-available.pdf>)

[Updated Offer vs Serve Guidance for the NSLP and SBP](#)

(<https://www.fns.usda.gov/updated-offer-vs-serve-guidance-nslp-and-sbp-beginning-sy2015-16>)

Child and Adult Care Food Program (CACFP)

[USDA FNS Final Rule: CACFP Meal Pattern Revisions](#)

(<https://www.fns.usda.gov/cacfp/fr-042516>)

[USDA FNS - NEW CACFP Meal Standards and Patterns Charts](#)

(<https://www.fns.usda.gov/cacfp/meals-and-snacks>)

[MDE CACFP Independent Centers and Sponsors of Centers](#)

(https://www.michigan.gov/mde/0,4615,7-140-66254_25656-291243--,00.html)

[Preschool Meal Patterns](#)

(<https://fns-prod.azureedge.net/sites/default/files/cn/SP01-2018os.pdf>)

Summer Food Service Program (SFSP)

[SFSP Meal Patterns](#)

(<https://www.fns.usda.gov/sfsp/meal-patterns>)

[SFSP Nutrition Guidance Manual](#)

(https://fns-prod.azureedge.net/sites/default/files/sfsp/USDA_SFSP_NutritionGuide.pdf)

[MDE SFSP Website](#)

(https://www.michigan.gov/mde/0,4615,7-140-66254_34491---,00.html)